

RECOVERY SPOTLIGHT

Share Your Story | Real People. Real Recovery.

Recovery Spotlight is a series of short videos from 217 Recovery featuring people from our community talking about their recovery in their own words. Each story is filmed in our Traverse City studio and edited into a three-to five-minute video.

We're not looking for perfect people or perfect stories. We're looking for real people whose experiences can help someone else.

You don't need a certain amount of time in recovery, a particular pathway, speaking experience, or a dramatic story. You do need to be 18 or older.

This application takes about 10 to 15 minutes. A few sentences per question is plenty. Skip anything you would rather not answer. Applying does not commit you to filming.

About you

Your name (and pronunciation, if helpful):

How would you like your name to appear? ☐ Full name ☐ First name ☐ Different name ☐ Not sure

Are you 18 or older? ☐ Yes ☐ No

Email:

Phone:

Best contact method: ☐ Call ☐ Text ☐ Email

County where you live (optional):

How do you describe your recovery? (optional):

Recovery date, if meaningful to you (optional):

Your story

There are no right answers. Answer the questions that speak to you and skip the rest.

Why would you like to share your story?

Tell us about one moment from your recovery you still think about. Where were you, and what happened? It can be big or small.

What is something about your story that people might not expect?

What is something you used to believe, about yourself or recovery, that turned out to be wrong?

What does your life include today that once felt out of reach?

If you could say one sentence to someone who is struggling right now, what would it be?

Looking ahead

How do you feel about being filmed and having a video shared online? ☐ Comfortable ☐ Want to discuss first

Would you consider speaking at a future Recovery Stories event? ☐ Yes ☐ Maybe ☐ No

Is there anything that would make filming easier for you? (accessibility, timing, transportation, etc.)

How did you hear about Recovery Spotlight?

Before you send

Someone from 217 Recovery plans to reach out within a week for a relaxed 10- to 15-minute conversation. You choose what you share. Applying is not permission to film or publish; we will discuss the process and use a separate release before filming. You will have a chance to view the edited video before publication.

Email your completed application to info@217recovery.com

Questions or paper copies: 217 Recovery, 945 E. Eighth St., Suite B, Traverse City, MI.

Thank you for considering sharing your story. Whatever you decide, your recovery matters.